

Intent, Implementation and Impact - RHE and Citizenship

Intent

Our intention is that when children leave Springbank, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.

Our Citizenship and RHE curriculums develop learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our Relationships and Health Education enables our children to learn how to be safe, and to understand and develop healthy relationships both now and in their future lives.

Implementation

EYFS - In Foundation Stage, RHE and Citizenship are taught as an integral part of topic work and are embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals.

Key Stage 1 and Key Stage 2 - At Key Stage 1 and 2, RHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the Programmes of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.

We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster love of learning; and increase their level of happiness. We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school and RHE/Citizenship aims and values, and we focus on Growth Mindsets in all aspects of school life.

We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

We challenge all of our pupils to look for opportunities to show the school STARFISH values.

Assemblies are linked to RHE, British Values and SMSC and cover any additional sessions that would benefit the whole school.

Impact

By the time our children leave our school they will:

- be able to approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be able to understand and manage their emotions
- be able to look after their mental health and well-being
- be able to develop positive, healthy relationship with their peers both now and in the future.
- understand the physical aspects involved in RHE at an age appropriate level
- have respect for themselves and others.
- have a positive self esteem